



## Run for Autistica and raise money for autism research

If you need a reason to get fit in 2011 – then why not make a start by signing up for one of our runs or marathons? We have guaranteed charity places in all the following runs/marathons – so sign up today!

- Reading Half Marathon - Sunday 20th March
- GreenPark Challenge - Sunday 20th March
- The London Marathon - Sunday 17th April
- Bupa 10K, London - Monday 30th May (Bank Holiday Monday)
- Adidas Women's 5K, Hyde Park, London - Sunday, 4th September
- Great North Run Half Marathon - Sunday, 18th September
- Royal Parks Half Marathon - Sunday, 9th October
- New York Marathon - Sunday, 6th November



**Dr Christine Ecker MSc PhD is one of our researchers and running for us in the Royal Parks Half Marathon in October 2011. Christine says:**

*"I work in autism research at the Institute of Psychiatry (IoP) and would like to prove that researchers don't spend all of their time in front of their PCs but can run as well :). Running for Autistica gives me a chance to make a real difference - to raise funds for research that I know is vital, to raise awareness and meet people affected, individuals as well as parents."*

If Christine can do it – so can you! Email [lynn.hart@autistica.org.uk](mailto:lynn.hart@autistica.org.uk) or telephone Lynn on 01491 411569.

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